

5 STEP
SUCCESS
PLAN



STEP ONE

The What

Be clear on your goals and why you want to achieve them. Writing these goals, also recognize small tasks that need to be done for each larger goal.

TIP: WRITE YOUR GOALS IN A PLACE YOU SEE DAILY, OR SET A TIME TO REFLECT ON YOUR GOALS WEEKLY.

• DREAM . BELIEVE . ACHIEVE . •

Determining Your What

Write down 3 personal and 3 professional goals you want to achieve over the next 5-10 years. Also write why you want to achieve those goals.

GOAL 1:

WHY

STEP ONE

GOAL 2:

WHY

GOAL 3:

WHY

STEP TWO

The How

How will you achieve these goals? Will you set a daily routine to achieve goals? Will you need to make sacrifices (TV, Social Media)?

TIP: THINK OF RESOURCES TO HELP YOU REACH YOUR GOALS.

• *DREAM . BELIEVE . ACHIEVE .* •

Determining Your How

Use the three goals you listed above and list the steps you will take to achieve those goals.

GOAL 1 HOW:

GOAL 2 HOW:

GOAL 2 HOW:

STEP THREE

The Motivation

Writing your goals and writing how you will achieve them is easy. Staying motivated when you hit road bumps is the hard part. When you make a mistake, how will you react? Will you use inspirational quotes daily? Get an accountability buddy? Reward yourself for small wins until you get to the big win?

TIP: MISTAKES ARE LEARNING OPPORTUNITIES, BUT DO NOT MAKE MISTAKE HABITS. LEARN FROM MISTAKES AND MOVE FORWARD KNOWING THAT WE ARE ALL HUMAN AND WE ALL FALL SHORT FROM TIME TO TIME

Remind yourself that failure is only final if you STOP. Your gifts are UNIQUE and the world needs them. No one else can do what you do, or how you do it.

• *DREAM . BELIEVE . ACHIEVE .* •

Determining Your Motivation

Write down three (3) strategic ways you will stay motivated on your journey to reach your goals.

1.

2.

3.

STEP FOUR

The Resources

Identify all the resources you might need to accomplish goals. This can be tutoring, support system, knowledge, mentor, funding, etc.

TIP: IDENTIFY A "POWER PERSON." THIS IS SOMEONE YOU ADMIRE WHOM YOU CAN RESEARCH OR INTERVIEW ABOUT HOW THEY REACHED THEIR GOALS IN LIFE.

• *DREAM . BELIEVE . ACHIEVE .* •

Determining Your Resources

Write down some resources that can assist you with the goals you listed above.

GOAL 1 RESOURCES:

GOAL 2 RESOURCES:

GOAL 3 RESOURCES:

STEP FIVE

The Plan

Answer the questions below to start your plan.

When will I start my plan?

How long will I allow myself to reach my goals (set deadlines and stick to them)?

How often will I check on my plan progress?

How will I know I have accomplished my goals?

How will I reward myself for accomplished goals?